



Pamela Garfield Jaeger
Licensed Clinical Social Worker

“Therapy, Not Indoctrination”

Pamela Garfield-Jaeger is a licensed clinical social worker (LCSW) with over 20 years of experience. She has worked in a variety of settings — community-based agencies, residential programs for foster youth, schools, and mental health clinics — both in California and New York. In 2017 Pam had to leave her profession due to a severe disability. After the lockdown, she was able to go back to work part time in the outpatient mental health program at Mills Peninsula/Sutter Health. Here she found that in the teen unit half the girls identified as trans, and kids believed that they were either victims or oppressors based on the color of their skin. She also noted that there was no movement to let go of masks in group therapy programs; participants are still forced to wear masks because it’s a “health” building.

Pamela has spoken to some therapists who agree that instant affirmation for young people with complex mental health conditions is inappropriate. They don’t believe in CRT [critical race theory] and they feel that masks — especially for the mentally ill — are inappropriate as well. All of these therapists, however, are being heavily silenced.

So Pamela did something about it. She took her 20 years of experience and built a comprehensive online parents’ guide to mental health. Its tag line is “Therapy, Not Indoctrination.” Because so many families need mental health support, Pamela’s vision is to empower parents — by letting them know what to expect from therapy, what questions to ask a therapist, what skilled therapy looks like, and how much they should be involved (answer: a lot!). In addition, she provides information on numerous current mental health topics.

Her program includes pre-recorded lessons as well as consultations for parents so that they can ask personal questions about the therapy their child is receiving. For more, please see Pamela’s website www.thetruthfultherapist.org. You can also find her on Instagram @the.truthfultherapist; on Twitter @redpilledlcsw, and at Substack <https://pamthetruthfultherapist.substack.com/>.

Pamela has done several podcasts and YouTube interviews and starred in three documentaries about the harms of gender medicine. You can stream “Dysconnected” by Don Johnson from www.dysconnectedmovie.com. There is a forthcoming film from the Epoch Times (not yet released and title unknown) and another by Simon Esler called “Cut-Daughters of the West” soon to be available on YouTube. Pamela is part of the advisory board of a new movement called MOM Army (www.mom-army.com). Many of them are sexual abuse and trafficking survivors with a mission to **stop the war on our children**.

Speaking at MPRWF

March 15, 2023
11:30 a.m.

Ristorante Divino
968 Ralston Avenue
Belmont, California
\$35 includes lunch
(Members \$30)

To register:

Use the Zelle app to
send your payment to
MPRWFtreasurer@proton.me

or send a check to
MPRWF
P.O. Box 1130
Belmont, CA 94002

**Deadline to register is
March 13**

**Stopping
the war on our
children**